Gunnison County Board of Health

Review of Public Health Improvement Plan

September 18th, 2018

Margaret Wacker, MPH

West Central Public Health Partnership Coordinator

Agenda

- What is the WCPHP and why do we do a Public Health Assessment and Plan?
- Health Assessment and Planning Process
- Priority Areas: Behavioral Health, HEAL, Healthy Housing
- Strategies for making a difference in population health
- Questions and feedback?

West Central Public Health Partnership

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- The WCPHP formed in 2006 in order to increase public health effectiveness and efficiency, to support the 6 local public health agencies

- Regional grants and projects: Health Assessment and Planning, Well Water, Radon, Behavioral Health, Health Equity, Tobacco

West Central Public Health Partnership
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2017 Regional Health Priorities

1. Behavioral Health
   - Mental Health/Substance Abuse/Suicide Prevention
2. Healthy Eating Active Living
   - Active Transport/Built Environment
3. Healthy Housing
   - Radon, Water Quality, Lead

Public Health Assessment and Planning

- Local Public Health Agencies are required by Colorado Statute to do a Public Health Assessment and Plan every 5 years – this is one of our core functions.
- The plan does not encompass all that local public health agencies do every day, but is focused on priority areas for improvement
- The plan is meant to be done in partnership with community and is a community driven process

Regional Health Assessment and Planning Process

Staff:

Margaret Wacker, MPH WCPHP Coordinator

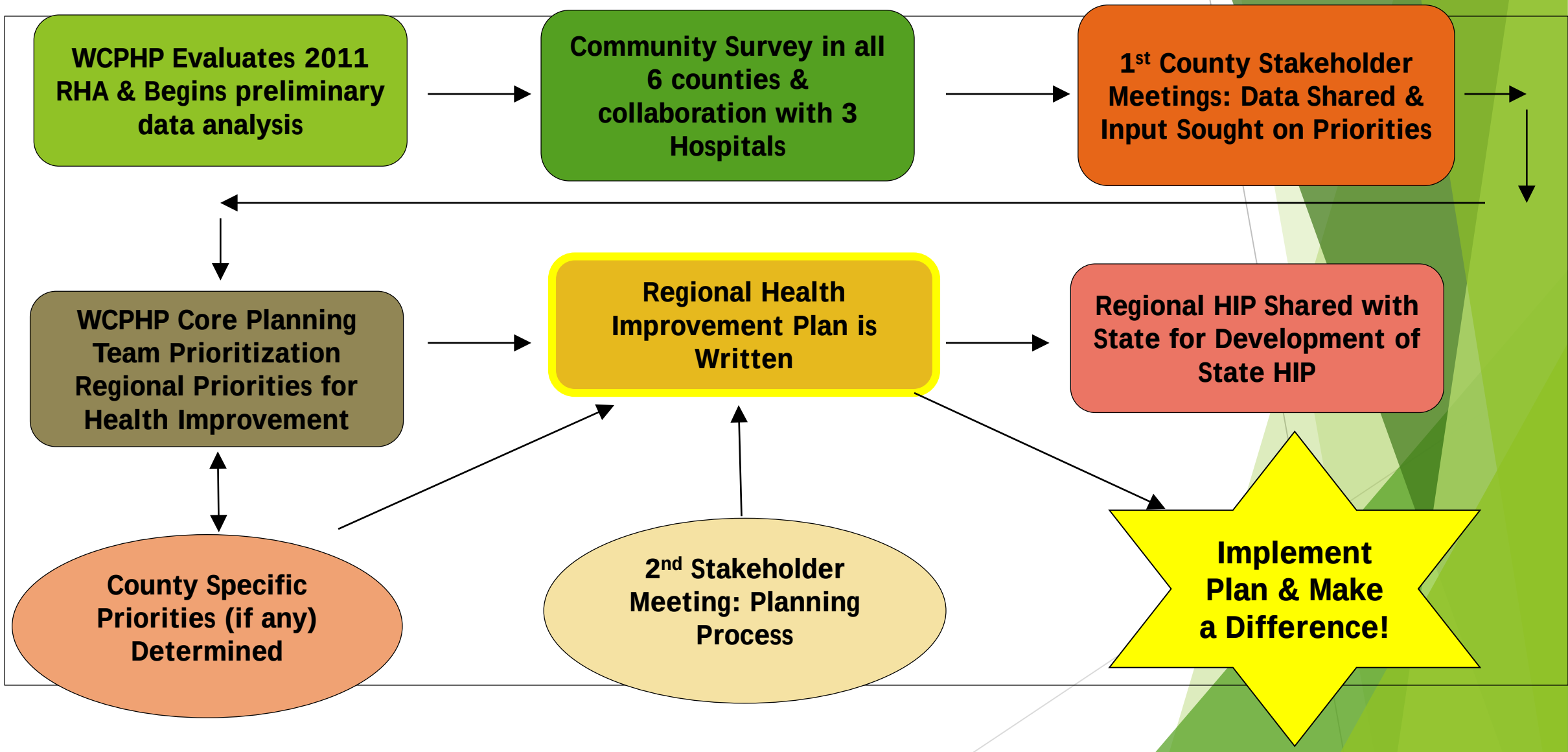
Katherine Melland, MPH WCPHP Public Health Planner

Emily Mirza, BA WCPHP Public Health Planner

Core Planning Team:

West Central Public Health Partnership member county public health directors and environmental health specialists

Overview of Regional Planning Process



Stakeholder and Partner Agency Engagement

- Over 100 entities were engaged throughout the process
- Over 300 different encounters
- Priority Population engagement and use of existing data

Health Data Report and County Process to determine top 5 Health Concerns

Health Data Report

- County Demographics and social factors
- Data on prior priorities
- Additional data: injuries, Access to Health Care, County Health Rankings

Top 5 Health Concerns in Each County

- Group process with Stakeholders

Gunnison County Stakeholder Meetings

Health Concern	Score
1. Mental Health	43
2. Access to Health	37.5
3. Conservation of Health Care Resources, Stewardship, Adapting to Life with dysfunctional healthcare system, local level- Health literacy, prevention	18
4. Substance Abuse	15
5. Health Education- Seniors, immigrants, lower educated	12
Family & Parenting Education & Resources, Life Skills Training for Transition Age Youth 15+	11
Trained Providers in Child & Youth Services Score	10
Care Coordination and Health Literacy	8
Dental Care: Preventative Care for Kids and Aging Population	7
Language and Cultural Barriers- insurance and services difficult to access	5
Affordable Safe Housing	3.5
Immunization Rate: Children	2
Clinical Care	1
Seniors- in home care, life care at home	1
Poverty	1
Affordable and Healthy Food Access and Information- Food Security valley wide	1

Prioritization Process with WCPHP

Colorado Health Assessment and Planning System Prioritization Scoring Tool								
Instructions: Rate each criteria on a scale of 0 to 2 with 0 = "no" 1 = "somewhat" and 2 = "yes"								
	Significance to Public Health		Ability to Impact the Issue		Capacity to Address the Issue		Prior Priority	
	Does the issue impact a large number or high percentage of people in our community?	Do health disparities exist? (Are sub-populations more affected than the general public?)	Do strategies exist that can be implemented locally produce the desired outcome?	Does community support for change exist, including political will?	Is a local organization prepared to take the lead on the issue?	Are sufficient resources (funding, staff, expertise) available or obtainable?	Was the issue a priority in your last public health improvement plan?	TOTALS
Criteria Weight:								
Issue 1.								0
Issue 2.								0
Issue 3.								0
Issue 4.								0
Issue 5.								0
Issue 6.								0
Issue 7.								0

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Behavioral Health Action Plans

- **Education and Stigma Reduction:** Reduce stigma associated with mental health and reduce substance use through community education, media campaigns and evidence-based prevention strategies.
- **Integration:** Integration of behavioral health into primary care and other sites (Nursing home, Public Health, Dentists, Human Services, Alternative providers, Opioid prescribers, drug screeners).
- **Collaboration and Coordination:** Increase collaborative efforts across the region to build capacity for Behavioral Health efforts.
- **Health Equity:** Increase health equity advocacy and access to behavioral health

HEAL Action Plans

- **Environmental Strategies**: Community Gardens, Access to Food at Farmers Markets through WIC and SNAP, Breastfeeding Friendly environments
- **Evidence-based Programs:** Cooking Matters and other possible programs
- **Access to Active Living:** Pedestrian/Bike Friendly environments, transportation, addressing barriers, HEAL Cities and Towns
- **Health Equity:** advocacy and capacity building, data

Healthy Housing Action Plans

- **Education:** Improve community knowledge of healthy housing practices such as testing and mitigation of radon, lead, and well-water. Indoor air quality?
- **Policy:** Improve access to healthy housing through policies such as health-promoting building codes, enforcing housing codes, and incentivizing mitigation.
- **Health Equity Advocacy:** Increase health equity advocacy for safe affordable housing through participating in local and regional groups and coalitions.

Questions? Feedback?

- Next steps:
- 3 more Local Boards of Health meetings
- Submission to the State of Colorado to inform their Improvement Plan
- Sharing back with the community: website, one-pagers, email groups

  www.WCPHP.org

- Implement the plan with help of regional community partners