



We help families and those 0-21 years of age through our different levels of Individualized Service and Support Teams (ISSTs).

WHAT WE DO

We meet you where you're at and facilitate collaboration with all your helpers. We also ensure that your information stays confidential and is shared only with those you choose. FAST has supported youth and families that have wanted to do better with:

- Mental Health or Health Needs
- Challenging Behaviors at Home or School
- Drug and Alcohol Usage
- Parenting
- Educational Needs
- Family Dynamics
- School Attendance

We have found in working together we have made it easier for families to access services they need and have made great strides in reducing truancy, increasing educational opportunities for youth and helping ensure that families have services and support they need for a successful life. FAST does this by:

- Identifying community needs
- Supporting collaboration
- Finding creative solutions to community issues

HOW WE HELP

8 STEPS TO SUCCESS

1 SUBMIT A REFERRAL

Have a partner agency you already know fill one out **OR** do it yourself: Go to gunnisoncounty.org/fastreferral

2 MEET WITH A FAST STAFF MEMBER

Help us understand what's been going on. We will then explain FAST, your options, and the journey ahead.

3 CHOOSE YOUR TEAM

We provide different levels of help depending on what's going on. We have set teams with our partners or you can make your own.

4 ESTABLISH GOALS

Staff will help you and your team understand your strengths, needs, and goals.

5 MAKE A PLAN

Together with your team you will make a plan that's only for you to help you reach your goals, meet your needs, and build on your strengths.

6 DO THE PLAN

Follow through on the plan you made with support from your team.

7 CHECK-IN ON THE PLAN

Meetings will be made to see what success have been made. Did we reach your goal? Things don't always go according to plan, so revisions may be made along the way.

8 SUCCESS!

We reached your goal, you feel like you know how to face any future challenges. We'll make sure your transition from our help is smooth.

OUR FOUNDATION:

- A group of people can be more helpful in making good choices than one person by themselves
- Members of the family's own community of friends and family are often the best long-term supports
- When families are involved in making choices about what they need, they do better
- Everyone deserves respect, compassion, and kindness
- Families know best what they need



OUR MISSION:

To promote the welfare of children youth and families through the development of sustainable partnerships and provide integrated, quality services that are individualized, strength-based, family centered and culturally sensitive.

Better together. Connecting, supporting, and promoting safe, healthy families to success.



BENEFITS

EFFICIENCY

By having a multi-agency, single site location, our process is streamlined and duplication of efforts is minimized.

SAFETY

By determining problem areas early on, prevention efforts can be put into place to provide maximum assistance.

OUTREACH

By identifying challenges within a family unit, FAST can provide relevant resources to all its members.

OUR PARTNERSHIP CIRCLE

Since 2010, FAST has believed that we are more effective together, to better serve children, youth, and families. You are always the CEO of your family and you can include help from:

- Juvenile Services
- Schools
- Health and Human Services
- Judicial/Probation
- Faith Based Communities
- Law Enforcement
- Recreation/Youth Services
- Mental Health & Substance Abuse Treatment
- Division of Youth Corrections
- Project Hope
- Gunnison Valley Mentors
- And any other service providers

CONTACT INFORMATION:

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**A Community Outreach
Promoting Safe, Healthy,
and Successful Families.**

